

### Theory Exercises – 30 Minutes

Practice Exercise	Time	Keys Covered	Variations / Drills
Major & Minor 9th Chords	5 mins	C F Bb Eb Ab Db F#/Gb B E A D G	- Stacked 3rds – Major & Minor 9ths
			- Closed Position Right Hand
			- Major 9th Type A & B – Circle 5ths
			- Minor 9th Type A & B – Circle 5ths
9ths, 11ths, & 13ths	5 mins	C F Bb Eb Ab Db F#/Gb B E A D G	- Major Chords Extend up to 13th
			- Minor Chords Extend up to 13th
			- Dominant Chords Extend up to 13th
			- Upper Structure Triads Basics
Extensions & The Major 251 Progression	5 mins	C F Bb Eb Ab Db F#/Gb B E A D G	- ii-9 to V13 to Imaj9
			- Add the 5th to the ii-7 Chord
			- Closed Position Right Hand
“So What” Chords	5 mins	C F Bb Eb Ab Db F#/Gb B E A D G	- Memorise Scale Degrees
			- Chromatic & Circular Exercises
			- Apply to the 251 Progression
			- Apply to Jazz Standards
“Herbie Hancock” Voicings	5 mins	C F Bb Eb Ab Db F#/Gb B E A D G	- Memorise Scale Degrees
			- Chromatic & Circular Exercises
			- Apply to the 251 Progression
			- Apply to Jazz Standards
“Kenny Barron” Voicings	5 mins	C F Bb Eb Ab Db F#/Gb B E A D G	- Memorise Scale Degrees
			- Chromatic & Circular Exercises
			- Apply to the 251 Progression
			- Apply to Jazz Standards

### Jazz Standard Studies – 30 Minutes

1) Misty

2) Tenderly

3) My Foolish Heart

4) Over The Rainbow

5) Try Create Your Own Arrangement! ;-)